

**MILFORD REGIONAL MEDICAL CENTER
PATIENT EDUCATION
TOTAL JOINT REPLACEMENT PROGRAM 2023 – IN PERSON ONLY CLASSES**

Pre-registration is required for this program. Patients will need to self-register on the Milford Regional Medical Center Website. Classes will be held in person at MRMC. An email address is required to complete registration.

To register, follow the following steps :

- Go to: <https://www.milfordregional.org/>
- Click on Classes and Events
- Click on Pre-Surgery Total Joint Replacement Classes
- Select Total Hip Replacement Class **OR** Total Knee Replacement Class
- Select the Date of the Class you wish to enroll in

Total Hip/Knee Program Class Schedule

DATE	DAY	TIME
1/5/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
1/19/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
2/2/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm C Hip)
2/16/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
3/16/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
3/30/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
4/13/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
4/27/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
5/4/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
5/18/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
6/1/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm C Hip)
6/15/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
7/6/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
7/20/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
8/10/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
8/24/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
9/7/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
9/21/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
10/5/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm C Hip)
10/19/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
11/2/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm B Hip)
11/16/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)
12/7/23	THURSDAY	10 AM (Conf Rm A Knee, Conf Rm C Hip)
12/21/23	THURSDAY	3 PM (Conf Rm A Knee, Conf Rm B Hip)